



MARCH 2024 Governor Newsletter



Dearest D6 Sisters,

As we enter March, I am reminded of what a sisterhood is; a strong feeling of friendship and support amongst women who are involved in action to improve themselves and their community at large. This is who we are, #dopsisterhood. With that in mind, our momentum has been perpetual as the 1st Inaugural Hellenic History Tournament took place with success and anticipation is already growing for next year! We all have to be stakeholders in this event as it embodies the true mission statement of the AHEPA Family. I implore you all to look ahead and begin the search for participating teams as well as including a donation in your chapter budgets.

Furthermore, we hope to see all District 6 chapters place an ad in the commemorative journal album for the upcoming District 6 Convention on June 14-15, 2024. Please make this a top priority to support this convention by attending the meetings and luncheon and by placing an advertisement in the journal.

We are further increasing our momentum within our district by chartering another chapter! We will soon welcome, on March 3rd, the Nikifora Chapter #457 of West Nyack. These future Sisters are very enthusiastic to join our organization. I am proud of all our accomplishments and especially grateful for the support from our AHEPAN brothers at Meteora Chapter in West Nyack. WE ARE FAMILY! I will close with my best wishes for a beautiful Lenten Season.

Love in Theta-Pi ΘΠ,

Lainie Damaskos-Christou DOP Governor District#6 Empire State



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Sister of the Month! **HELEN KARTER** Congratulations!

Sister Helen has been a member of the Astoria Iliion Chapter since 2002. She is the ELDEST member of the Chapter (and no one knows her age!).

- She consistently opens the chapter meetings with the prayer and provides the Sunshine committee with cards to all.
- She respectfully directs the NEW executive board in if protocols are forgotten and always shows kindness when voicing her opinions on issues that arise.
- She represents her chapter at District and Supreme conventions as a delegate.
- She encourages her friends to attend DOP events for Iliion and other chapter events within the district.
- She respects our sisterhood and is an exceptional role model.
- Past Secretary of ILION Chapter for over 15 years.
- Widowed and Mother of two Adult Children.
- Retired School Teacher in Astoria .
- Member of over 3 book Clubs.
- Member of Greek Teachers Education Society and 3 Greek Societies in Astoria.



Upcoming March Events:

March 3 – Charter of West Nyack DOP chapter – Sts Constantine & Helen Church, West Nyack, N.Y

March 16 – Districts 5 & 6 Sister Shopping and Lunch outing at Woodbury Commons

March 16 – Past Supreme President Jimmy Kokotas' Testimonial Banquet – Brooklyn, N.Y

March 17 – AHEPA West Nyack Kathara Deftera Kite flying event

March 28 – AHEPA Greek Independence Day Event in Nassau County, Long Island



Important Reminders:

National & District Financial Obligations due to Headquarters & District by March 31st 2024

AHEPA Family District 6 Convention on June 14 & 15 2024
Rivers Casino and Resort at Mohawk Harbor in Schenectady, New York

Greek Independence Day Parade in New York City. All Daughters are invited to march with the AHEPA Family Float
April 14th, 2024 at 1:30 pm

*Please send all flyers of chapter events to: dopdistrict6@gmail.com
We will then post them on Facebook and Instagram.*



Ice Breaker Activity #7 The Quotes Game

Quotes Game is one of the best icebreaker games for adults because it tests the Sisters memories and challenges their cognitive skills. Sisters will pick quotes from their favorite movies, books, songs, and TV shows for teammates to guess.

To play Quotes Game:

1. Split the players into pairs.
2. Teams will share quotes from popular movies, songs, books, and TV shows.
3. Opposing groups must guess what the quote is from.
4. The pairs get a point for every correct answer.
5. The team with the most points wins the game.

You may even offer bonus points to Sisters who can name the character or figure out who said the quote. You can also offer hints for colleagues who need help answering the questions.

Governor's February Events



District 23 Canada and District 6 Virtual Opacize Wellness night



Governor's February Events



Montreal AHEPA Family 23rd Annual St. Valentine's Ball on February 9th



Albany Sons and Maids Annual Valentine's Ball on February 3rd



Governor's February Events

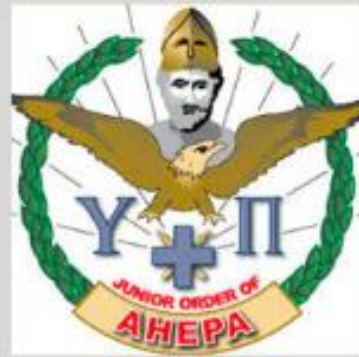


District 6 Maids of Athena Mid-Year Conference in Hempstead, Long Island on February 24th



Clytie Chapter Visitation in Blue Point, Long Island on February 25th





88TH ANNUAL AHEPA FAMILY DISTRICT #6 CONVENTION

**HOSTED BY:
AHEPA
SCHENECTADY
#125 CHAPTER**

Friday: June 14, 2024

- 7:00pm-10:00pm-Meet & Greet Social with food & entertainment at The Landing Hotel at Mohawk Harbor Rivers Casino

Saturday, June 15th

- 8:30am-5:00pm-registration, continental breakfast and convention meetings with luncheon at the Events Center at Rivers Casino
- Silent auction with fabulous large gift baskets, door prizes & vendors.

Sunday, June 16th

- 9:30am-Father's Day Divine Liturgy at St. George Greek Orthodox Church with coffee hour sponsored by AHEPA #125

Delegate Package & Hotel Reservation information is available on:
AHEPA District 6 Website:
www.ahepad6.com

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